# beauty/pro-moves

GO-TO STYLERS

Texturizing spray,

mousse, and curl

■ TUCK TO SET

To set waves in a

tuck or pin damp

face-framing shape,

hair behind your ears

looping action behind

after applying your

product. "That little

the ear creates the

indentation once

your hair dries,"

Vercher says.

most complimentary

■ MAKE A TOPKNOT

For longer lengths,

apply a texturizing

spray or cream to

damp hair and put it

up in a topknot until

dry. Remember, "The

tighter your topknot,

will be," he says.

■ SLEEP ON IT

Ouidad brand

ambassador Irinel

de León suggests

a technique called

Medusa clipping to

preserve and protect

small claw clips, twirl

sections around your

finger and loosely

waves overnight: Using

the tighter your waves

hair is about 75 percent

cream amp up waves

without adding weight.



# ■ GO-TO STYLERS

Cream and oil impart hydration; gel delivers definition to curls and ringlets.

# STYLE WHILE WET

Hair should be fully wet when you apply cream and/or gel—as in, you may want to style in the shower to contain drips. "Textured hair loves water and moisture, so you want to be sure you are creating the best base possible to get the best

## finish," de León says. SHINGLE TRICK

Great for those with thicker, coarser curls or who prefer wash-and-go styles, the shingling method creates separation and definition. Once wet hair is detangled, rake curl cream or gel through hair. Make a scissorlike shape with your index finger and middle finaer. then glide them down small sections of hair, pushing product in.

### PUT A PIN IN IT

Curly hair often has different texture patterns (like tighter at the crown, looser around the face). Once hair is 75 percent dry, add a dab of gel to loose curls, twirl them around your finger, and secure with bobby pins; set until dry.

#### ■ GO-TO STYLERS

Oil, curl cream, and curl pudding nourish and elongate a tight, dense texture

# LAYER IT ON

For maximum moisture retention, try lavering on a lotion or leave-in conditioner, following with oil, and finishing with a cream or custard (a technique called the LOC method).

# DO THE

Shampoo and condition, then apply oil and/or curl custard while hair is still wet, says Vercher. Separate hair into sections; the larger they are, the looser the texture will be Divide each section in half and twist the two sections from roots to ends, allowing them to air-dry before unraveling.

# STRETCH OUT

Coils experience shrinkage, spiraling up tightly and making hair appear shorter than it is. Vercher's elongating advice: Apply cream or oil to sections by gently pulling at the roots (to add some tension) and smoothing it down hair shafts from roots to ends. Then twirl the tips around your finger with a little more product. ■



# **CURL-APPROVED PICKS**

1 Tresemmé One Step Wave Styler,

\$6; target.com 2 Ouidad Curl Shaper Take Shape Plumping + Defining Cream, \$26; ouidad.com

- 3 Garnier Fructis Curl Multi-Use Oil, \$6; garnierusa.com
- 4 OGX Locking + Coconut Curls Decadent Creamy Mousse, \$7; target.com 5 Pattern Curl Gel, \$25; sephora.com 6 SheaMoisture Red Palm Oil & Cocoa Butter Curl Stretch Pudding, \$14; walmart.com

clip them to the crown of your head. "It's gentler than a high pony and won't disrupt the wave pattern," she says.